



# conference 2022

## Make & Take

hands-on conference workshops



### Tea Tasting & Cold Brew Coffee Friedrich's Coffee | Cost: \$10

The perpetually positive and encouraging Colleen and Malia Meyer will lead you in tasting and learning about a variety of teas and ways to brew them, health benefits of tea, and all about cold brew coffee. Cost includes samples and take home bags.



### Kokedama Des Moines Botanical Garden | Cost: \$10

Create your own Kokedama to take home while learning about caring for this ancient Japanese garden art form. "Koke" means moss and "dama" means ball, so we will be crafting moss balls and planting into them. Kokedama may be used to create a hanging string garden or may be featured on a tray. You will leave with one beautiful and easy-to-care-for Kokedama.



## Preschool Busy Bags

### Annie Pool | Cost: \$15

Busy bags are a fun way to keep preschoolers engaged in creative learning play. Come learn about using and creating Busy Bags with components that may be reconfigured to create new ways to learn and play. You will leave with 5 Busy Bags and ideas on how to use them in different ways.



## Watercoloring Nature

### Emily Verdoorn | Cost: \$15

Join us for a hands-on experience painting from life and the natural world around us. Come as you are, beginner or experienced, and walk with me through some practice to give you a little more courage as you seek pay attention to the natural world through paint and paper. You'll get to learn about watercolor, practice using all your senses to engage with nature, and begin a nature journal entry of your own to take home.